When should I seek medical attention?
If you are feeling sick, use the questions below to determine your next steps.

Are you experiencing fever, cough, or shortness of breath?

Yes → Seek Medical Attention Immediately, Put Red Card Out

No → Wash/Sanitize Hands, Cover Mouth, Maintain Physical Distance, Put Green Card Out

Are you over 55, have diabetes, heart disease, high blood pressure, or any immunosuppressant illness?

Yes → Seek Medical Attention Immediately, Put Red Card Out

No → Isolate, Manage Symptoms, Wear Mask, Put Green Card Out

Are your symptoms severe? (see list below)

Yes → Isolate, Manage Symptoms, Wear Mask, Put Green Card Out

No → Seek Medical Attention Immediately, Put Red Card Out

Severe Symptoms Include:
Extremely difficult breathing (not being able to speak without gasping for air), Bluish lips or face, Persistent pain or pressure in the chest, Severe persistent dizziness or lightheadedness, New confusion, or inability to arouse, New seizure or seizures that won't stop